

Appendix C Summary of the Cube Resource

The Cube:



Fig 1 A Cube - the inspiration for the resource¹

The Cube is a model framework to share tools and resources to help those who Self-Harm and to support and strengthen the suicide prevention offer in Berkshire. It is meant for both public and professionals who are looking for more information, resources and advice that will help them understand the Self-Harm support and the Suicide Prevention agenda.

The Cube is a “living document” and will be updated over time to ensure that it keeps pace with the evolution of the agenda and new resources, links and service offers. Discussions are underway on where the resource can be hosted and shared with the Berkshire system.

Taking its structure from a Cube shape the resource is a framework setting out a series of resources designed to present information on Self Harm and Suicide Prevention

1. **Public facing - “I need help”**
2. **Public Facing - I need to help someone”**
3. **Public - “I want to get involved”**
4. **Professional - Data, Research, Resources, Protocols and Training**
5. **Professional - Local Strategy and Links to place based partnerships and plans**
6. **Crisis Pathway & Suicide Prevention - Data, System contacts, safeguarding, and Child Death Review, LEDER², etc.**

Users enter the resource via the face of the Cube that aligns to their need at the time - with **three public** and **three professional entry points** linking together to provide a coherent framework and in time comprehensive resource to help the public and professionals tackle the linked agendas of Self Harm and Suicide Prevention.

The resource was to have been published in December 2022, but this has been delayed slightly to ensure linkages to the refreshed national strategy and updated Nice guidance.

It will be available and circulated in late January 2023.

¹ Image from Shutterstock.com item 1706314639

² LEDER - the [NHS Learning Disability Mortality Review](#)